

TAMALPA FEMALE ANNUAL-AWARD WINNERS

Female Runner of the Year- Sister Marion Irvine Award	
1993	Laurie Riebeling
1994	Leslie McHampton
1995	Melody Anne Schultz
1996	Edda Stickle
1997	Laurel Anderson
1998	Edda Stickle
1999	Sheila Roebuck
2000	Elizabeth Fagan
2001	Shirley Matson
2002	Mary Fagan
2003	Melody Anne Schultz
2004	Heidi Swan
2005	Heidi Swan
2006	Tamara Gonzalez
2007	Tamara Gonzalez
2008	Karen Steele
2009	Valerie Young
2010	YiOu Wang
2011	Christine Kennedy
2012	Tamara Gonzalez
2013	Melody Anne Schultz
2014	Patti Shore
2015	Beth Freedman
2016	Verity Breen

Female Road Racer of the Year	
1995	Melody Anne Schultz
1996	Terrie West
1997	Edda Stickle
1998	Ann Hardham
1999	Sheila Roebuck
2000	Shirley Matson
2001	Hazel Wood & Mary Fagan
2002	Elizabeth Fagan
2003	Shirley Matson
2004	Claire Malonson
2005	Ann Hardham
2006	Ann Hardham
2007	Adele Ho
2008	Janet Bowman
2009	Tanya Fredricks
2010	Elizabeth Shortino
2011	Elizabeth Shortino & Beth Freedman
2012	Valerie Young & Beth Freedman
2013	Lenore Bergenske
2014	Lenore Bergenske & Beth Freedman
2015	Mary Wells
2016	Beth Freedman

Female Cross Country Runner of the Year	
1995	Melody Anne Schultz & Leslie McMullin
1996	Kelly Lawson
1997	Laurel Anderson
1998	Edda Stickle
1999	Edda Stickle
2000	Carolyn Wilson
2001	Liz Fagan
2002	Bridie Dillon
2003	Hazel Wood
2004	Amy Sonstein
2005	Ellen Besobrasov
2006	Bridie Dillon
2007	Deborah Rushman
2008	Mimi Willard
2009	YiOu Wang
2010	Valerie Young
2011	Valerie Young & Kathy Herzog
2012	Nancy Simmons & Patti Shore
2013	Edda Stickle & Sarah Slaymaker
2014	Melody Anne Schultz & Eve Pell
2015	Bridie Dillon & Nancy Simmons
2016	Bridie Dillon

Female Ultra Runner of the Year	
2001	Florencia Gascon-Amyx
2002	Florencia Gascon-Amyx
2003	Florencia Gascon-Amyx
2004	Florencia Gascon-Amyx
2005	Florencia Gascon-Amyx
2006	Florencia Gascon-Amyx
2007	Florencia Gascon-Amyx
2008	Florencia Gascon-Amyx
2009	Florencia Gascon-Amyx
2010	Suzanna Bon & Diana Fitzpatrick
2011	Erika Lindland
2012	Erika Lindland
2013	Suzanna Bon & Roxanne Woodhouse
2014	Roxanne Woodhouse
2015	Meghan Argobast
2016	Meghan Argobast

Senior Female Runner of the Year - Shirley Matson Award	
2001	Carolyn Wilson
2002	Shirley Matson
2003	Heidi Helvestine
2004	Ann Hardham
2005	Shirley Matson
2006	Edda Stickle
2007	Janet Bowman
2008	Christina Lachman
2009	Karen Steele
2010	Christine Kennedy
2011	Karen Steele
2012	Edda Stickle
2013	Nancy Simmons
2014	Mary Vidovich
2015	Elizabeth Shortino
2016	Patti Shore